

NCT- Upper River Rd.

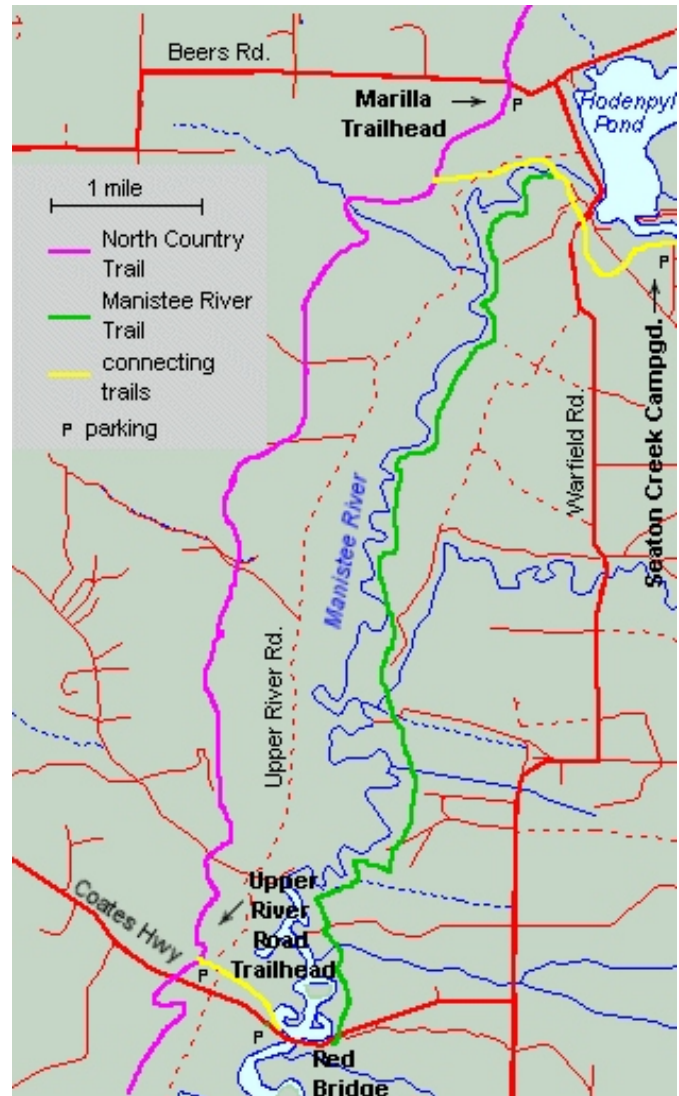
hike
8

moderate

directions



From M-55 turn north on Highbridge Road to Brethren. At Brethren turn east on Coates Highway. In 7.5 miles turn north on dirt Upper River Road, and the Trailhead is just a few hundred yards farther on the west side of the road. Follow trail signs to NCT north.



Question 8. Hike to the post which has the number 18 on one side and 7 on the other side?. There is a remnant of an old road to the west of you. Is this road better described as on top of a hill or in a valley?

The NCT extends from New York to North Dakota! Minimum distance required to get the answer to the question about 4 miles. There is a \$3/day or \$20/year fee to park at Trailheads in the Manistee National Forest. There is a self-pay station at the Upper River Road Trailhead. Free paper maps of the NCT throughout the entire Manistee National Forest are available at Manistee or Baldwin Ranger stations.

Hike for Health is a 15-hike series of walking destinations within Mason, Manistee, Lake and Oceana Counties, Michigan. The purposes are: to promote outdoor recreation and physical activity close to home and to acquaint people with the North Country National Scenic Trail. The contest is sponsored by the Spirit of the Woods Chapter of the North Country Trail Association.

1-866-hikeNCT



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